

Cienta shoes size guide: available sizes and measurements

Cienta children’s shoes are available in toddler and junior sizes for boys and girls, approximately aged between 2 and 10 years, and adult sizes. The table below shows the inner sole length for each Cienta shoe size (EU size). The middle column refers to our canvas shoes and the right column to our espadrilles. For greater accuracy, however, we recommend the customer follow these steps:

1. Measure the child’s foot from the back of the heel to the longest toe on the longest foot, in centimetres (cm);
2. Select type and shoe size by comparing the foot length with the inner sole length below;
3. Please add up to 1 cm when choosing the corresponding EU size. For example, if the child’s foot measures 13.2 cm in length choose EU size 22 (13.6 cm) which is slightly longer than the child’s foot.

CIENTA Kids - Toddler/Junior Size Guide

European EU size (CIENTA)	CIENTA canvas shoes inner sole length in centimetres	CIENTA espadrilles inner sole length in centimetres	
18	11.0 cm	Choose the larger size if the child's foot measures between two sizes.	
19	11.5 cm		
20	12.4 cm		
21	13.0 cm		
22	13.6 cm		
23	14.3 cm		
24	15.0 cm	14.8 cm	
25	15.2 cm	15.0 cm	
26	15.8 cm	15.9 cm	
27	16.9 cm	16.9 cm	
28	17.2 cm	17.5 cm	
29	17.9 cm	17.9 cm	
30	18.6 cm	18.7 cm	
31	19.2 cm	19.7 cm	
32	19.8 cm	20.3 cm	
33	20.4 cm	21.3 cm	
34	21.2 cm	21.6 cm	
35	21.9 cm	The correct shoe size will depend on factors such as arch length, socks, or ambient temperature. Heat and humidity affect the foot volume by up to 5%. This can result in a full size difference between early morning and evening. Allow for 1 cm space between the longest toe and the inner sole length.	
36	22.0 cm		
CIENTA Adult Size Guide			
37	22.7 cm		
38	23.4 cm		
39	24.0 cm		
40	24.6 cm		
41	25.4 cm		

PLEASE NOTE: While we try to provide accurate size conversions, the information in this table should be used as a guide only.